

John Carroll High School

Bowling

2010



Day	Date	Opponent	Home/Away	Place
Tue	Sep. 7	South Fork	A	Stuart Lanes
Mon	Sep. 13	Lincoln Park	H	Superplay
Tue	Sep. 14	Jensen Beach	A	Jensen Lanes
Tue	Sep. 21	Vero Beach	H	Superplay
Thu	Sep. 23	Okeechobee	H	Superplay
Tue	Sep. 28	Port St Lucie	A	Port St Lucie Lanes
Thu	Sep. 30	Treasure Coast	H	Superplay
Tue	Oct. 5	South Fork	H	Superplay
Thu	Oct. 7	Jensen Beach	H	Superplay
Tue	Oct. 12	Centennial	H	Superplay
Thu	Oct. 14	Treasure Coast	H	Superplay
Tue	Oct. 19	Port St Lucie	A	Port St Lucie Lanes
Thu	Oct. 21	Centennial	H	Superplay
Tue	Oct. 26	Central	A	Port St Lucie Lanes

Head Coach

Asst Coach

Practice-Monday/Wednesday 345pm @ Superplay USA

John Carroll High School

Cross Country

2010

Date	Day	Meet	Location	Time
Sep. 14	Tues	South Fork	South Fork (Stuart)	4:00 PM
Sep. 18	Sat	John Carroll Small School Invitational	John Carroll High School	8:00 AM
Sep. 22	Wed	Lucayo Invitational	Port St Lucie	4:00 PM
Sep. 25	Sat	Fleet Feet	Stuart	8:00AM
Sep. 28	Tues	Tri Meet	Sebastian High School	4:00 PM
Oct. 1	Fri	FL Runners	Titusville High School	4:00 PM
Oct. 8	Fri	Martin County	Martin County (Stuart)	6:00 PM
Oct. 16	Sat	Pines School	Pine School (Hobe Sound)	8:00 AM
Oct. 19	Tues	South Fork	South Fork (Stuart)	4:00 PM
Oct. 23	Sat	Shark Invitational	Sebastian High School	8:00 AM
TBD	TBD	County Championships	TBD	4:00 PM
TBD	TBD	Districts	TBD	8:00 AM
TBD	TBD	Regionals	TBD	8:00 AM
TBD	TBD	State Finals	TBD	TBD

Head Coach: Frank Irizarry

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Asst Coach: Julie Irizarry

772 219 3734

772 486 0661

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John Carroll High School

Varsity Football

2010

Date	Site	Opponent	Time
Aug. 27	H	Pre Season Classic-Riviera Beach Suncoast	7:00 PM
Sep. 3	A	Martin County High School	7:00 PM
Sep. 10	H	Father Lopez (Daytona)	7:00 PM
Sep. 17	A	Pope John Paul II	7:00PM
Sep. 24	H	Holy Trinity*	7:00 PM
Oct. 1	A	Melbourne Central Catholic*	7:00PM
Oct. 8	A	Trinity Prep*	7:00 PM
Oct. 22	A	First Academy (Orlando)*	7:00 PM
Oct. 29	H	Berean Christian (Homecoming)	7:00pm
Nov. 5	H	Crescent City*	7:00 PM
Nov. 12	H	The Benjamin School	7:00 PM

Head Coach Kevin Wald
 Asst Coaches Jerome Bembry
 Derrick Gibson
 Dave Perry
 Glenn Hasell

*District

John Carroll High School

Junior Varsity Football

2010

Date	Site	Opponent	Time
Sep. 2	H	Jupiter Christian	6:00 PM
Sep.9	A	Glades Day	6:00 PM
Sep. 16	H	The Benjamin School	6:00 PM
Sep. 23	H	Cocoa Beach	6:00 PM
Oct. 1	A	Melbourne Central Catholic	4:30PM
Oct. 7	A	Pope John Paul II	6:00 PM

Head Coach Scott Van Duzer, Jr
Asst Coaches Kevin Pastore
 Naverez

John Carroll High School

Swimming

2010

Day	Date	Opponent	Location	Time
Wed	Sep. 8	Centennial/Treasure Coast	IRSC	4:00pm
Wed	Sep. 15	Okeechobee	IRSC	4:00pm
Tue	Sep. 21	Sebastian/St. Edwards	North County	TBA
Sat	Sep. 25	Catholic States	Orlando YMCA	TBA
Wed	Sep. 29	Lincoln Park	IRSC	4:00pm
Wed	Oct. 6	Holy Trinity	IRSC	4:00pm
Wed	Oct. 13	South Fork	IRSC	4:00pm
Wed	Oct. 20	Lincoln Park/Pine School (Senior Night)	IRSC	TBA
Wed	Oct. 27	Districts	IRSC	9am
Sat	Nov. 6	Regionals	IRSC	9am
Thu/Fr/Sa	Nov. 11-13	States	TBA	TBA

Head Boys Coach
Head Girls Coach

Bill Francouer
Kaylee Collins

**John Carroll High School
Volleyball
2010**

Day	Date	Game	H/A	Time
Wed/Thu	Aug. 25/26	Pre-Season Classic @ Jensen Beach	A	TBA
Fri/Sat	Sep. 3/4	Park Vista JV Tournament	A	TBA
Thu	Sep. 9	Vero Beach High School	H	JV-5:00/V-6:00
Fri/Sat	Sep. 10/11	OVA/OSC Disney Classic	A	TBA
Thu	Sep. 16	Okeechobee High School	A	JV-5:30/V-6:30
Fri/Sat	Sep. 17/18	East Coast Challenge	A	TBA
Tue	Sep. 21	Melbourne Central Catholic	H	F-4:00/JV-5:00/V-6:00
Thu	Sep. 23	Jupiter Christian*	A	JV-5:00/V-6:30
Tue	Sep. 28	St. Edwards School*	H	JV-5:00/V-6:30
Thu	Sep. 30	Glades Day*	A	JV-5:00/V-6:30
Sat	Oct. 2	Palmer Trinity	A	JV-1:00/V-2:00
Tue	Oct. 5	The Kings Academy	A	F-4:00/JV-5:00/V-6:00
Wed	Oct. 6	Martin County High School	H	F-4:30/JV-5:30/V-6:30
Thu	Oct. 7	The Benjamin School*	H	F-4:00/JV-5:00/V-6:30
Tue	Oct. 12	American Heritage*	H	JV-5:00/V-6:00
Wed	Oct. 13	Pope John Paul*	A	F-4:00/JV-5:00/V-6:30
Thu	Oct. 14	Jensen Beach High School	A	F-4:30/JV-5:30/V-6:30
Fri/Sat	Oct. 15/16	Jensen Beach JV Tournament	A	TBA
Tue	Oct. 19	South Fork	A	F-4:30/JV-5:30/V-6:30
Sat	Oct. 23	Cardinal Gibbons High School	H	JV-11:00/V-12:00
Mon-Thu	Oct. 25/28	Districts (The Benjamin School)	A	TBA
Tue or Thu	Nov. 2 or 3	Regional Quarter Finals	TBA	7pm
Tue	Nov. 9	Regional Semi Finals	TBA	7pm
Sat	Nov. 13	Regional Finals	TBA	&pm
Wed-Sat	Nov. 17-20	State Finals (Lakeland)	A	TBA

Head Coach: Nancy Hopper

*** Districts**

Asst. Coach: Mike Cobb

JV Coach:

Asst. Coach:

Freshmen Coach: