

John Carroll Catholic High School
Girls Lacrosse Camp II
Date: August 1st-4th, 2011
Session II-Basic Skills Camp
6th-12th Grade
9am-12pm

Basic Fundamentals Skills and Team Play will be covered in this session. In the Fundamentals Skills part the following areas will be covered: Cradling, Catching, Passing and Ground Balls. This will then carry over to Team Play and the following areas will be covered: Positioning, Transition, Defense and Offense

Each session cost \$85 which includes a T-Shirt and Gym Sack

Facilities

The Girls Lacrosse Camp is located on the Campus of John Carroll Catholic High School

What to Bring

Campers should be prepared daily for competition, complete with t-shirt, shorts, socks, sneakers/cleats, goggles, stick & mouth guard. Please bring drinks and snack

You may want to bring extra money for the concession stand.

Staff

The Girls Lacrosse Camp is directed by Lisa Conway, Head Coach at John Carroll Catholic High School. Coach Conway has coached lacrosse on the treasure coast for the past 10 years. She continues to coach with Pioneer Lacrosse in Martin County and is also associated with U. S. Lacrosse.

Questions

If you have any questions regarding camp Contact: Coach Conway 772-475-5175

John Carroll Catholic High School
Girls Lacrosse Camp II (August 1st-4th, 2011)
Registration Form

Name of Student: _____ Grade: _____ Shirt Size: _____

Mailing Address: _____ City: _____ Zip: _____

Parents/Guardians Name: _____ Home Phone: _____

Emergency Day Phone: _____ Contact Person: _____

We (parent/guardian agree to provide medical insurance for our child during camp. In the absence of such insurance we relinquish any claims for compensation insofar as JCHS and its employees are concerned, and understand the inherent risk of physical injury in lacrosse participation.

Parent/Guardian Signature: _____ Date: _____

Send Your Registration Form to:

Coach Lisa Conway
3402 Delaware Ave.
Fort Pierce, FL 34947

Please make Checks payable to: John Carroll High School